Program

MNCLHD Rural Innovation and Research Symposium

15 - 16 September 2016
Opal Cove Resort Coffs Harbour
# MNCLHD 2016 Rural Innovation and Research Symposium

## PROGRAM

### Day One: Thursday 15 September 2016

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>9.00am</td>
<td><strong>PRE-SYMPOSIUM REGISTRATIONS OPEN</strong>&lt;br&gt;Opal Cove Resort Coffs Harbour NSW</td>
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<tr>
<td></td>
<td><strong>Morning Tea: Trade Display and Poster Exhibition</strong></td>
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| 10.00am | **Plenary Session**  
Welcome – Day 1  
Lynn Lelean, Master of Ceremonies  
Welcome to Country  
Welcome Address - Warren Grimshaw AM, Governing Board Chair Mid North Coast Local Health District  
Chief Executive Address - Stewart Dowrick Chief Executive Mid North Coast Local Health District |
| 10.20am | **Topic: What is Innovation and why should we be doing it?**  
Allan Ryan Executive Director Hargraves Institute  
Founded in Australia in 2006 Hargraves is a community of people and companies who embrace diversity to improve through innovation and sharing. Alan provides insight into innovation and its role in transforming practice. |
| 10.30am | **Topic: Medicinal cannabis and palliative care.**  
Keynote Speaker – Professor Meera Agar Professor of Palliative Medicine University of Technology Sydney  
Doctors across New South Wales are now able to prescribe medicinal cannabis. Cannabis medicines have so far only been available to patients enrolled in clinical trials in NSW, however regulatory changes now allow the drugs to be prescribed to patients who have exhausted standard treatment options. Join Meera Agar Professor of Palliative Medicine in this informative discussion. |
| 11.20am | **Topic: Innovative models for managing chronic disease in the primary care setting.**  
Keynote Speaker – Dr Malcolm Parmenter CEO Sonic Clinical Services  
Patient centred health care homes with new funding models and a multidisciplinary approach will be a reality from July 2017. Will they improve outcomes for people with multi-morbidity and complex health needs? How can technology help? What roles do other funders of healthcare like private health insurers have to play? |
| 12.10pm | **LUNCH**  
Trade Display and Poster Exhibition |

**Concurrent Sessions**
<table>
<thead>
<tr>
<th>Time</th>
<th>Facilitator Introductions 1.00pm</th>
<th>Research</th>
<th>Innovation</th>
<th>Integrated Care</th>
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<tr>
<td></td>
<td>Dr Jim Donnelly</td>
<td>Allan Ryan</td>
<td>Kathleen Ryan</td>
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<td></td>
<td>Lecturer, School of Health &amp; Human Sciences Southern Cross University</td>
<td>Executive Director Hargraves Institute</td>
<td>Executive Director, Clinical Governance and Information Services Mid North Coast Local Health District</td>
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<tr>
<td>1.05pm</td>
<td>- Researching important clinical questions to improving health outcomes. Jane Gray Hunter New England Local Health District</td>
<td>- Travelling Clay: Building resilience in the remote health workforce. Anmaree Wilson Cranaplus Bush Support Services</td>
<td>- Creating and sustaining a person-valuing integrated care continuum in community mental health in a regional and rural setting. Dr Robbie Lloyd Skills Link Training</td>
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<td>- A five year analysis on the epidemiology and trends of maxillofacial fractures in an Australian regional town. Dr Jason Diab Mid North Coast Local Health District</td>
<td>- Aboriginal quality improvement toolkit for hospital staff. Ro Stirling Kelly &amp; Judy Beilby Mid North Coast Local Health District</td>
<td>- Community Integration Team. Jeanette Toole Justice Health</td>
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<td>- Mobility outcomes at two small hospitals. Stephen Downes Mid North Coast Local Health District</td>
<td>- Implementation of deep inspiration breath-hold for breast radiotherapy. Joanne Phan Mid North Coast Cancer Institute</td>
<td>- Nambucca Valley Care and MNCLHD Palliative Care Linkage project. Jenny Zirkler Nambucca Valley Care</td>
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<td>Plenary Session 1.35pm</td>
<td>Topic: Demystifying Big Data – How data supports integrated health care and what does the future hold? Professor Louisa Jorm Director Centre for Big Data Research in Health UNSW</td>
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<td>The Centre for Big Data Research in Health is the first Australian research centre dedicated to health research using big data. The Centre’s aim is to maximise the productive use of all possible sources of health big data in order to enhance the health and wellbeing of Australians and the global community.</td>
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<td>2.10pm</td>
<td>Topic: New technologies and infrastructure the NSW Public Health System will require to support integrated care into the future. Sam Sangster Chief Executive Health Infrastructure</td>
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<td>Health Infrastructure works to meet New South Wales’ ever-evolving healthcare needs by making sure health infrastructure is delivered on time and on budget. This means working closely with Local Health Districts across New South Wales, providing relevant advice and guidance to help them serve the local population’s specific needs.</td>
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<td>2.45pm</td>
<td>AFTERNOON TEA</td>
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<td>Trade Display and Poster Exhibition</td>
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<tr>
<td>3.10pm</td>
<td>Topic: Disruptive Technologies - Gaming for Health. Professor Stuart Smith Professor &amp; Business Development Coordinator, Southern Cross University</td>
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<td>Professor Smith’s research interests range from understanding the biological basis of posture control in older adults to reduce their risk of falls through to the</td>
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development and use of virtual reality environments to deliver education and training programs. Professor Smith explores the implementation of novel sensing and computing technologies to keep older adults living independently, well and productive through and interactive digital games that can be used to engage people in repetitive exercise programs.

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<tbody>
<tr>
<td>3.45pm</td>
<td>Summation of Day One</td>
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<td>Live participant feedback using Sli.Do</td>
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<td>4.00pm</td>
<td>Networking</td>
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<td>Bringing our founding partners, speakers and delegates together to network in a relaxed social setting.</td>
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<td>5.00pm</td>
<td>Conclusion of Day One</td>
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**Conference Gala Dinner - Thursday 15 September 2016**

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<th>Time</th>
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<tr>
<td>6.00pm</td>
<td>Pre-dinner Drinks and Canapés</td>
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<td>Ocean View Foyer, Opal Cove Resort</td>
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<tr>
<td>6.45pm</td>
<td>Symposium Gala Dinner</td>
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<td>Ballroom, Opal Cove Resort</td>
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<td>10.30pm</td>
<td>Conclusion of Symposium Dinner</td>
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### PROGRAM

**Day Two: Friday 16 September 2016**

<table>
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<tr>
<th>Time</th>
<th>Session</th>
<th>Details</th>
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<tbody>
<tr>
<td>8.00am</td>
<td>SYMPOSIUM REGISTRATIONS OPEN</td>
<td>Opal Cove Resort, Opal Boulevard, Korora Bay Coffs Harbour NSW</td>
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| 8.30am | Plenary Session                                                        | Welcome – Day 2  
Lynn Lelean, Master of Ceremonies  
**Keynote Speaker** – Mark McCrindle |
| 8.30am | Plenary Session                                                        | Welcome – Day 2  
Lynn Lelean, Master of Ceremonies  
**Keynote Speaker** – Mark McCrindle  
Mark is an award-winning social researcher, best-selling author, TedX speaker and influential thought leader, and is regularly commissioned to deliver strategy and advice to the boards and executive committees of some of Australia’s leading organisations. Join Mark in the discussion on contemporary social issues. |
| 9.20am |                                                                          | Cultural Experience Journey.  
Gumbaynggirr culture celebrated through art, dance, storytelling, music and language. |
| 10.00am |                                                                         | MORNING TEA  
Trade Display and Poster Exhibition |
| 10.30am | Plenary Session                                                        | "Hear Me" Health Play.  
Written by playwright Alan Hopgood in collaboration with the Australian Institute for Patient and Family Centred Care.  
"Hear Me" deals with the aftermath of a young patient’s death from the perspective of the patient’s mother, the CEO, the supervising Doctor and his colleague. This is followed by a discussion to examine the potential for improving the quality and safety of healthcare through communication, partnerships between patients, families and health professionals and staff culture. This is a powerful and innovative play that examines all the complex issues that arise when things go wrong in health care. |
| 12.05pm | Facilitator Introductions                                                | Professor Stuart Smith  
Professor & Business Development Coordinator  
Southern Cross University  
Dr John Lambert  
Chief Clinical Information Officer  
eHealth NSW  
Liz Hay  
Health Economics and Analysis Manager  
Agency for Clinical Innovation |
| 12.10pm | Research                                                               | Dr John Lambert  
Chief Clinical Information Officer  
eHealth NSW  
Liz Hay  
Health Economics and Analysis Manager  
Agency for Clinical Innovation |
| 12.10pm | Research                                                               | Dr Sarah Thackway  
NSW Office for Health and Research  
Dr Hien Duong  
University of Technology Sydney  
Luisa Eckhardt  
Mid North Coast Local Health District |
| 12.10pm | Research                                                               | Kerri Ryan  
eHealth NSW  
Luisa Eckhardt  
Mid North Coast Local Health District |
| 12.10pm | Research                                                               | - An innovative approach to supporting translational research in NSW: The Translational Research Grants Scheme.  
Dr Sarah Thackway  
NSW Office for Health and Research  
- Nanomedicine and light triggered drug delivery.  
Dr Hien Duong  
University of Technology Sydney  
- Rural eHealth Program.  
Kerri Ryan  
eHealth NSW  
Luisa Eckhardt  
Mid North Coast Local Health District |
### Strategies for embedding research in a NSW Local Health District Research Hub.
Jane Gray  
Hunter New England Local Health District

- **Building rural and remote research capacity.**
  Lauren Weller  
  Mid North Coast Local Health District

- **Measured mobility status is strongly associated with functional independence in community dwelling older people; an observational cross-sectional study.**
  David Lester  
  Mid North Coast Local Health District

- **Minimising perineal trauma.**
  Frances Guy  
  Mid North Coast Local Health District

- **Student nurses’ knowledge and attitudes towards domestic violence.**
  Dr Marie Hutchinson & Dr Frances Doran  
  Southern Cross University

- **First Responders CPR Training Videos.**
  Helen Lambert & Annie Orenshaw  
  North Coast Primary Health Network

- **Improving patient comfort and treatment accuracy of prone breast patients.**
  Lauren Chamberlain  
  Mid North Coast Cancer Institute, Coffs Harbour

- **Responding to a generational gap in technological understanding.**
  Your Tech Mate: Young Entrepreneurs  
  St John Paul College Coffs Harbour

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| 2.00pm | **Panel Discussion: Back to the Future with Innovation**  
  Facilitator: Allan Ryan, Executive Director, Hargraves Institute  
  Panel Members:  
  - **John Lambert**, Chief Clinical Information Officer, eHealth NSW  
  - **Stuart Smith** - Professor & Business Development Coordinator, Southern Cross University  
  - **Your Tech Mate** – Young entrepreneurs Remy Bordignon, Jock Price, Will de Dassel: Year 12 students from St. John Paul College, Coffs Harbour  
  - **TBA**  
| 2.50pm | **Closing Comments** - Stewart Dowrick, Chief Executive Mid North Coast Local Health District  
Conclusion of the Mid North Coast Local Health District’s Rural Innovation and Research Symposium. |

For further information please contact the Symposium Organiser Linda Brookes on 0429 881 314 or via email: mncevents@ncahs.health.nsw.gov.au